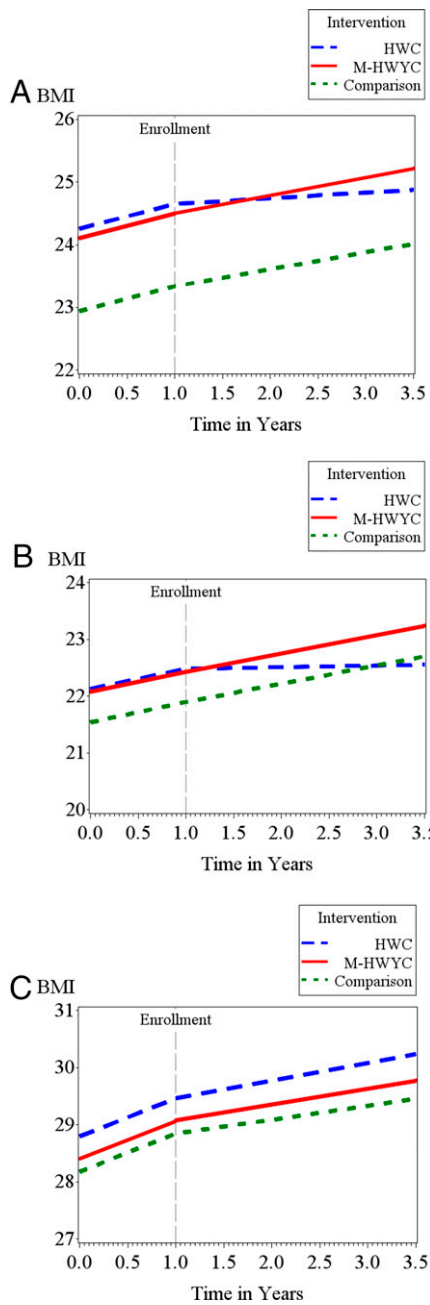


Supplemental Information

SUPPLEMENTAL TABLE 5 Unadjusted and Adjusted Healthy Lifestyle Behavior Changes of Participants in the Clinic and Community Approaches to a Healthy Weight Trial from Baseline to 1-Year

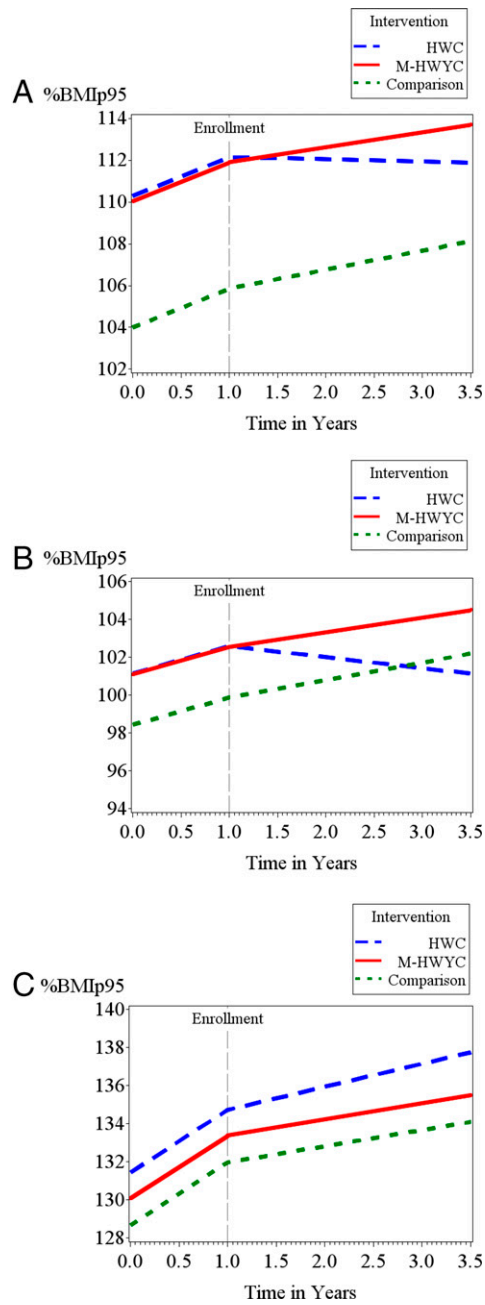
Outcome	HWC Unadjusted, Mean Difference (95% CI) (<i>n</i> = 158)	M-HWYC Unadjusted, Mean Difference (95% CI) (<i>n</i> = 172)	HWC Adjusted, Mean Difference (95% CI) (<i>n</i> = 119) ^a	M-HWYC Adjusted, Mean Difference (95% CI) (<i>n</i> = 126) ^a
Sugary-beverage intake (servings per week)	−1.84 (−2.81 to −0.87)	−1.77 (−2.63 to −0.91)	−2.59 (−3.68 to −1.50)	−2.12 (−3.10 to −1.14)
Fast-food intake (servings per week)	−0.40 (−0.65 to −0.15)	−0.005 (−0.22 to 0.21)	−0.61 (−0.91 to −0.31)	−0.16 (−0.39 to 0.07)
Sleep duration (hours per day)	0.57 (0.32 to 0.81)	0.41 (0.12 to 0.70)	0.53 (0.24 to 0.82)	0.33 (−0.04 to 0.69)
Screen time (hours per day)	−0.86 (−1.34 to −0.38)	−0.08 (−0.56 to 0.41)	−1.11 (−1.67 to −0.55)	−0.18 (−0.79 to 0.43)
Physical activity (days per week)	0.80 (0.40 to 1.21)	0.30 (−0.13 to 0.72)	1.01 (0.56 to 1.46)	0.74 (0.29 to 1.20)

^a Adjusted models for community, parent BMI, and income (*n* = 71 missing).



SUPPLEMENTAL FIGURE 4

A, Predicted values for BMI versus time, by intervention, in overall sample. B, Predicted values for BMI versus time, by intervention, among children with overweight and obesity. C, Predicted values for BMI versus time, by intervention, among children with severe obesity.



SUPPLEMENTAL FIGURE 5

A, Predicted values for %BMI_{p95} versus time, by intervention, in overall sample. B, Predicted values for %BMI_{p95} versus time, by intervention, among children with overweight and obesity. C, Predicted values for %BMI_{p95} versus time, by intervention, among children with severe obesity.