

# Supplemental Information

**SUPPLEMENTAL TABLE 2** Updated Sexual and Reproductive Health Resources for Pediatricians Specifically for Male Adolescent Patients

	Source	Description
Internet resources		
AAP	<a href="https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/adolescent-sexual-health/Pages/Male-Health.aspx">https://www.aap.org/en-us/advocacy-and-policy/aap-health-initiatives/adolescent-sexual-health/Pages/Male-Health.aspx</a>	AAP-vetted resources for male adolescent health
ACT for Youth	<a href="http://www.actforyouth.net/sexual_health/sexual_development/boys.cfm">http://www.actforyouth.net/sexual_health/sexual_development/boys.cfm</a>	Collaborative site that provides resources to aid those working in the areas of youth development and adolescent sexual health, including publications, presentations, and the e-letter ACT for Youth Update
Adolescent Health Working Group	<a href="http://ahwg.net/">http://ahwg.net/</a>	Offers adolescent health resources for youth, parents, and pediatricians in English, Spanish, Vietnamese, and Chinese
Advocates for Youth	<a href="http://www.advocatesforyouth.org/">http://www.advocatesforyouth.org/</a>	Advocates for Youth advocates for policies and champions programs that recognize young people's rights to honest sexual health information; accessible, confidential, and affordable sexual health services; and the resources and opportunities necessary to create sexual health equity for all youth. The Web site provides resources for parents, patients, pediatricians, and youth advocates.
Bright Futures Tool and Resource Kit	<a href="https://brightfutures.aap.org/materials-and-tools/tool-and-resource-kit/Pages/default.aspx">https://brightfutures.aap.org/materials-and-tools/tool-and-resource-kit/Pages/default.aspx</a>	Provides forms and tools for pediatricians, patients, and families to complete before, during, or after well-child visits
CDC	<a href="https://www.cdc.gov/HealthyYouth/">https://www.cdc.gov/HealthyYouth/</a> and <a href="https://www.cdc.gov/std/default.htm">https://www.cdc.gov/std/default.htm</a>	CDC site links to resources for GLBTQ youth, STI recommendations, sex education information, and more
Common Sense Media	<a href="https://www.commonsensemedia.org/">https://www.commonsensemedia.org/</a>	Offers the most up-to-date research and guidance on social media basics; provides information about the latest applications and Web sites and tips on talking with teenagers about sharing, posting, and avoiding digital drama
FPNTC	<a href="https://www.fpntc.org">https://www.fpntc.org</a>	FPNTC works in collaboration with the Office of Population Affairs to address the needs of Title X family planning service grantees and pediatricians. The site offers free downloadable guides, applications, slide sets, webinars, podcasts, clinical scenarios, and videos.
Great Conversations	<a href="https://www.greatconversations.com/">https://www.greatconversations.com/</a>	Offers classes and presentations on subjects of dealing with puberty, sexuality, parenting, and other topics surrounding adolescents to families, teenagers, and professionals
Healthy Teen Network	<a href="http://www.healthysteennetwork.org/">http://www.healthysteennetwork.org/</a>	Provides a wide range of services and resources using varied methods of outreach, education, advocacy, and networking
Men's Health Network	<a href="http://menshealthnetwork.org/">http://menshealthnetwork.org/</a>	This national nonprofit organization's mission is to reach men, boys, and their families where they live, work, play, and pray with health awareness and disease prevention messages and tools, screening programs, educational materials, advocacy opportunities, and patient navigation. The Web site includes downloadable men's health fact sheets, flyers, and charts.
National Fatherhood Initiative	<a href="https://www.fatherhood.org/">https://www.fatherhood.org/</a>	The nation's leading nonprofit organization working to end father absence; provides data and resources to assist in positive fathering
Planned Parenthood	<a href="https://www.plannedparenthood.org/learn/teens">https://www.plannedparenthood.org/learn/teens</a>	Information on sex, relationships, the body, and more for adolescents
Reproductive Health Access Project	<a href="https://www.reproductiveaccess.org/">https://www.reproductiveaccess.org/</a>	Abortion, contraception, and miscarriage information available in English, Chinese, Hindi,

SUPPLEMENTAL TABLE 2 Continued

	Source	Description
Sex, Etc	<a href="https://sexetc.org/">https://sexetc.org/</a>	Portuguese, Russian, Spanish, Tagalog, and Vietnamese Sexual health information for teenagers, by teenagers
SAHM	<a href="https://www.adolescenthealth.org">https://www.adolescenthealth.org</a>	SAHM is a multidisciplinary organization committed to improving the physical and psychosocial health and well-being of all adolescents through advocacy, clinical care, health promotion, health service delivery, professional development, and research.
The Alliance for GLBTQ Youth	<a href="http://www.glbtqalliance.com/">http://www.glbtqalliance.com/</a>	This Miami-Dade–based alliance Web site offers education for youth, support for families, and advice for professionals and community organizations.
FAP	<a href="https://familyproject.sfsu.edu/">https://familyproject.sfsu.edu/</a>	The FAP includes the first comprehensive study of LGBT youth and their families. Languages include English, Spanish, and Chinese. Offers include the following: studies concerning LGBT youth; training and assessment materials for health, mental health, and school-based providers; child welfare; juvenile justice; family service workers; and clergy and religious leaders on helping diverse families learn to support their LGBT children; resources to strengthen families to support LGBT children and adolescents; and a model of family-related care for LGBT children and adolescents.
Guttmacher Institute	<a href="https://www.guttmacher.org/">https://www.guttmacher.org/</a>	Guttmacher Institute estimates national and state-level teenaged pregnancy rates, documents teenagers' access to sexual and reproductive health information and services, and promotes fact-based, comprehensive sex education and youth-friendly, confidential services.
The National Campaign to Prevent Teen and Unplanned Pregnancy	<a href="http://thenationalcampaign.org/">http://thenationalcampaign.org/</a> , <a href="http://stayteen.org/">http://stayteen.org/</a> , and <a href="https://www.bedsider.org/">https://www.bedsider.org/</a>	Extensive research and data and digital resources concerning teenaged and unplanned pregnancies
The Partnership for Male Youth	<a href="http://www.ayamalehealth.org">http://www.ayamalehealth.org</a> and <a href="https://www.partnershipformaleoyouth.org/">https://www.partnershipformaleoyouth.org/</a>	This clinical tool kit is for pediatricians who serve AYA males between the ages of 10 and 26. It is designed to address AYA males' unique health care needs. The tool kit contains 4 major clinical tools: a downloadable checklist for pediatricians that covers 9 major domains (see navigation bar to the right) in which the health care needs of AYA males are most pronounced and unique; a compilation of suggested patient interview questions for each domain; supporting materials for each domain consisting of background information, practice tools, and references; and a video library of continuing medical education and patient education presentations on subjects covered by the tool kit.
The Physicians for Reproductive Health Adolescent Reproductive and Sexual Health Education Project	<a href="https://prh.org/medical-education/#adolescent-health-curriculum">https://prh.org/medical-education/#adolescent-health-curriculum</a>	A comprehensive, evidence-based curriculum with free downloadable slides on male adolescent reproductive and sexual health
Young Men's Clinic	<a href="http://www.youngmensclinic.org/">http://www.youngmensclinic.org/</a>	Web site for Columbia University Mailman School of Public Health and New York-Presbyterian Hospital's male clinic containing multiple online resources
Young Men's Health	<a href="http://youngmenshealthsite.org/">http://youngmenshealthsite.org/</a>	This Web site provides carefully researched comprehensive health information to teenaged boys and young men. It includes "Ask Us," "Health Guides," "Quizzes," and "Parents" sections.

**SUPPLEMENTAL TABLE 2** Continued

	Source	Description
Books		
Puberty	Middleman AB, Pfeifer KG. <i>American Medical Association Boy's Guide to Becoming a Teen</i> . San Francisco, CA: Jossey-Bass; 2006	
	Dunham K. <i>The Boys Body Book: Everything You Need to Know for Growing Up YOU</i> . 3rd ed. Kennebunkport, ME: Applesauce Press; 2015	
	Metzger J, Lehman R. <i>Will Puberty Last My Whole Life? Real Answers to Real Questions From Preteens About Body Changes, Sex, and Other Growing-Up Stuff</i> . Seattle, WA: Sasquatch Books; 2012	
	Norwich G, Mar J, Paley R. <i>The Body Book for Boys: Everything You Need to Know About Growing Up</i> . New York, NY: Scholastic Inc; 2010	
Sexuality	Bailey J. <i>Sex, Puberty, and All That Stuff: A Guide to Growing Up</i> . 2nd ed. Hauppauge, NY: Barron's Educational Series; 2016	
	Berman L. <i>Talking to Your Kids About Sex: Turning "The Talk" Into A Conversation for Life</i> . New York, NY: DK Publishing; 2009	
	Cole J. <i>Asking About Sex and Growing Up Revised Edition: A Question-and-Answer Book for Kids</i> . New York, NY: Harper Collins; 2009	
	Harris R. <i>It's Perfectly Normal: Changing Bodies, Growing Up, Sex, and Sexual Health</i> . 2nd ed. Somerville, MA: Candlewick Press; 2009	

AYA, adolescent and young adult; FAP, Family Acceptance Project; FPNTC, Family Planning National Training Center; GLBTQ, gay, lesbian, bisexual, transgender, and questioning; LGBT, lesbian, gay, bisexual, and transgender; SAHM, Society for Adolescent Health and Medicine.