

Supplemental Information

WRITING PROMPTS AND POETRY ACTIVITIES

1) Take 1 word and come up with as many words that rhyme with it!

2) Fill-in-the-blank “mad lib poetry” haiku:

5 syllables
7 syllables
5 syllables

Give 3 nouns:

1. adjective, 2. verbs.

Let’s make a poem!

Today the (noun)
(verb) to the (adjective) (noun)
So I (verb) with (noun)

3) Use your first name and make a poem, with each line starting with a letter in your name.

For example, here is a quick poem using the name Sam:

Super
Awesome

Minion

Questions to Spur Inspiration for Writing Poetry

Reflecting on...Strength:

- When you feel down, what cheers you up?
- Can you think of a time when someone was there for you when you needed help?
- Was there a moment you helped someone? How?
- What do you think are your best strengths?

Reflecting on...Favorite Things

- What’s your favorite book? Who’s your favorite character in that book, and why?
- If you’re singing in the shower, what song are you singing?

- What’s the best family vacation that you’ve been on?
- What’s your favorite thing to do on Saturdays or Sundays?

Reflecting on...People

- Who are the most important people in your life, and why?
- In 3 words, how would your friends describe you?
- In 3 words, how would you describe yourself?
- What’s a fun fact or hidden talent that most people don’t know about you?

Reflecting on...Challenges and Joys

- What is the most beautiful thing you have ever seen?
- What has been the most challenging part of your illness or time in the hospital?
- What are you most grateful for?