

Fetal alcohol spectrum disorders tools available

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Trisha Koriath, Staff Writer

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Can you recognize the signs of fetal alcohol spectrum disorders (FASDs)? As many as 5% of children are born with preventable birth defects and developmental disabilities related to alcohol exposure in utero. The AAP advises pregnant women that no amount of alcohol intake is safe, and there is no safe trimester to drink alcohol.

On International FASD Day, Sept. 9, the Academy joins the National Organization on Fetal Alcohol Syndrome and other partner organizations in raising awareness about risks of prenatal alcohol consumption. Several tools can help pediatricians recognize and prevent FASD, including:

- a free AAP webinar for members: Fetal Alcohol Spectrum Disorders — Recognizing Behavioral Effects of Prenatal Alcohol Exposure, <http://bit.ly/2udr1MK>;
- AAP toolkit, <http://bit.ly/FASDAAPtoolkit>;
- AAP clinical report, <http://bit.ly/1MyW6TY>;
- AAP webinar series, <http://bit.ly/2o5um4x>;
- a Twitter chat at 2 p.m. ET Sept. 6, at http://twitter.com/NOFAS_USA or follow #FASDMonth; and
- the Substance Abuse and Mental Health Services Administration treatment locator, <http://bit.ly/2u8a4uF>.

