



Dried plums recalled due to potential lead contamination

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Seven companies are recalling dried plums that may be contaminated with lead.

No illnesses have been reported but consumers should dispose of the products or return them to the store, according to recall notices posted by the Food and Drug Administration.

The following products have been recalled and images are below:

- [Tolteca saladitos](#) (salted dried plums), 1.5 ounces (oz.), universal product code (UPC) 704927600694, expiration May 20, 2022
- [Tolteca saladitos con chile y limon](#) (dried plums with chili and lemon), 1.5 oz., UPC 704927600700, expiration Jan. 20, 2022
- [American Gourmet saladitos](#) (dried salted plums), 1.5 oz., UPC 1578600104, lot 211203, sell by date Dec. 3, 2022
- [El Chavito saladitos](#) (dried salted plums), 1.7 oz., UPC 859470006049 and 850013297221, all lots and dates
- [El Chavito saladitos enchiladas](#) (salted plums with chili), 1.7 oz., UPC 859470006070, all lots and dates
- [El Leoncito and El Super Leon saladitos and saladitos con chile](#) (dry salted plums and dry salted plums with chili), 1.05 oz., 1.4 oz. and 16 oz.
- [Lupag saladitos](#) (plain dried salted plums), 0.5oz, UPC 725535011337
- [Spice and Chili saladitos with chili](#) (dried plums with chili), 16 oz., UPC 0661799748162
- [La Fiesta Food Products, Inc. saladitos con chile](#) (salted plums with chili), UPC 032327028290.

Lead poisoning can cause learning disabilities and developmental delays, according to the FDA. The impact of lead depends on the amount and duration of exposure and a person's age. Symptoms of lead poisoning include abdominal pain, vomiting, lethargy, irritability, weakness, behavior or mood changes, delirium, seizures and coma. However, infants and young children may not have obvious symptoms.

Anyone who has consumed one of the recalled products and is concerned about lead poisoning should contact their health care provider. Those with questions about specific products can find contact information for the manufacturers in the links above.

Resources

- [AAP policy Prevention of Childhood Lead Toxicity](#)

- Information from the Centers for Disease Control and Prevention on lead poisoning prevention
- State and local childhood lead poisoning prevention programs
- AAP News Parent Plus article "Prevention is best protection against childhood lead poisoning"
- Information for parents from Healthy Children.org on protecting their children from lead exposure

