

Health Alerts: Dietary supplement, fitness tracker, and more

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Trisha Koriath, Staff Writer

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Dietary supplements may contain lead

The Food and Drug Administration (FDA) is warning people not to consume Life Rising brand dietary supplement DHZC-2 tablets from Ton Shen Health/Life Rising because they may contain high levels of lead and other hazardous material. Labeled as a Chinese herbal supplement for blood circulation regulation, the product was sold mainly in the Chicago area and online. The company is recalling all DHZC-2 tablets.

The FDA was notified about two children who had high levels of lead after eating the dietary supplement, and two people who had consumed the product died. The FDA has not confirmed whether their deaths are associated with the product.

The agency is investigating to see if other Life Rising products from this company may be affected. Consumers should not purchase or consume these products, according to the FDA.

Contact your health care provider if you think you may have become sick from consuming the recalled tablets. Direct questions to the company at 312-842-2775.

Report side effects related to the use of these products to the FDA's MedWatch Safety Information and Adverse Event Reporting Program at www.fda.gov/MedWatch/report, by calling 800-332-1088 or by fax to 800-332-0178.

The U.S. Consumer Product Safety Commission (CPSC) has announced the recall of the following products. Consumers should stop using recalled products unless otherwise instructed. Consumers can submit reports of harm to CPSC's searchable online product safety database at www.SaferProducts.gov. A searchable food and medical product recall database is available at www.fda.gov/Safety/Recalls/default.htm.

Fitness tracker toys

Units: About 29 million units

Hazard: The wristbands can cause skin irritation or burns.

Description: Recalled "Step-iT" activity wristbands come in two styles: Activity Counter and a motion-activated Light-up Band. The Activity Counter comes in translucent plastic orange, blue or green and has a



digital screen that tracks a child's steps or other movement. The Light-up Band comes in translucent plastic red, purple or orange and blinks light when the child moves. Both have a square face with the words "STEP-iT" printed on them and a button to activate the wristband. Made for McDonald's is printed on back.

Sold at: Distributed exclusively by McDonald's restaurants nationwide from Aug. 9-17 with Happy Meals and Mighty Kids Meals.

Remedy: Return to any McDonald's for a replacement toy and yogurt tube or bag of apple slices.

Contact: Call 800-244-6227 or visit www.mcdonalds.com.



Infant play sets

Units: About 91,000

Hazard: Small parts of the plastic toy building sets can come off, and children can choke on them.

Description: Recalled are three ALEX Jr. branded sets of infant building toys: the Baby Builder, model 1982; First Pops, model 1981P; and the First Snaps, model 1981S produced before November 2010. Sets include 14 to 26 plastic shapes in bright colors. The pieces are designed to be pulled, pushed, snapped and twisted and come in stackable plastic jars.

Batch codes printed on a sticker above the UPC code on the container include: P0002073, P0001713, P0001330, P0000954, P0002107, P0001628, P0001009, P00000814, P0001948, P0001536, P0001098, P0001677, P0001427 and P0000983.

Sold at: Barnes & Noble and Land of Nod and online at www.Zulily.com. The Baby Builders were sold from December 2009 through June 2016 for about \$28, First Pops sold from March 2009 through June 2016 for about \$18, and First Snaps distributed from March 2009 through October 2010 for about \$18.

Remedy: Contact company for a prepaid shipping envelope to return the products and receive a refund.

Contact: Call 844-310-6691 or visit www.alexbrands.com.



Jewelry

Units: About 52,400

Hazard: The jewelry can contain high levels of lead. Lead is toxic if ingested by young children and can cause health problems.

Description: All M&M-branded jewelry, including some children's jewelry, are recalled. Items include earrings, rings, bracelets and necklaces sold between May 2015 and July 2016. Jewelry items included in the recall have the M&M'S logo "M" as a charm or other feature.

other feature.

Sold at: M&M'S World Stores in New York, Orlando, Fla., Las Vegas and Henderson, Nev. from May 2015 to June 2016 for \$6 to \$18.

Remedy: Contact M&M'S World for a refund.

Contact: Call 866-915-5058, visit <https://www.mmsworld.com/productrecall.aspx> or return jewelry to a retail store.



Travel systems

Units: About 20,000

Hazard: The stroller tray folding mechanism can partially release on one side when used with an infant car seat attached to the stroller, and a child can fall.

Description: Recalled are Step and Go Travel Systems sold under the Safety 1st brand and manufactured by Dorel Juvenile. The stroller opens by stepping on the pedal. It was sold in a variety of colors along with the

OnBoard 35 infant car seat. Safety 1st is imprinted on the front of the stroller tray. Model number TR314 is printed on a white label on the back of the stroller seat.

Sold at: Babies R Us and other retailers nationwide and online at amazon.com, babiesrus.com and Walmart.com from May 2015 through June 2016 for \$250 to \$300.

Remedy: Stop using the strollers with the infant car seat and contact Safety 1st for a free repair kit.

Contact: Call 866-762-3036, email stepandgo@djgusa.com or visit www.safety1st.com.



Chicken toys

Units: About 800

Hazard: The toys contain small eggs, and the chicken can break into small plastic pieces, which children can choke on.

Description: Recalled are Bump and Go Action Egg Laying Chickens with lights, music and movement. The battery-powered plastic toy was sold as a yellow chicken with an orange head and wings or a multicolored (yellow, green and orange) chicken. Three white plastic eggs are placed into the back of the chicken and released from the bottom.

Sold at: Online at www.amazon.com and www.ebay.com from February through July 2016 for about \$12.

Remedy: Contact Dazzling Toys for a refund.

Contact: Call 844-222-2812, email recall.dazzlingtoys@gmail.com or visit www.dazzlingtoys.com.

Bike helmets

Units: About 2,000

Hazard: The helmets do not meet federal safety standards, posing a risk of head injury.

Description: SAHN Classic SH523 adult bicycle helmets are recalled. "SAHN" is printed on the outer shell of the helmet on the right side. The production date and "SH-523 Classic" are printed on the white sticker label on the inside of the helmet. Matte colors include black, white, blue, tan, gray, green, cream and brown. Gloss colors include black, white, blue, tan, cream and green.

Sold at: Authorized bicycle dealers from May 2013 through December 2015 for \$130.

Remedy: Contact the company for a replacement helmet.

Contact: Call 800-642-7086 or visit www.sahn.cc.

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